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NEW YORK / MAY 6, 2018

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OFFICIAL PROGRAM & RIDE GUIDE





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Put your bike knowledge to the test!



Follow the Tour:
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#TDFBBT



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A LETTER FROM MAYOR BILL DE BLASIO



May 6, 2018

Dear Friends:

Welcome to the 41st Annual TD Five Boro Bike Tour!

With over 1,000 miles of bike lanes and streets that continue to be safer thanks to our Vision Zero plan, more and more of our residents and visitors are making the healthy and sustainable choice to use bikes for transportation and recreation. New Yorkers' love of cycling has helped make the TD Five Boro Bike Tour one of our city's most anticipated events, and since the first ride in 1977, it has encouraged people from New York and beyond to test their cycling skills while traversing some of our most historic, diverse and iconic neighborhoods. With over 32,000 participants traveling across 40 miles of car-free roads, this event is an unforgettable experience for cyclists of all ages and skill levels. Hosted by Bike New York, funds raised from the Five Boro Bike Tour help the organization provide educational and safety programs, summer camps, and more to thousands of our city's aspiring cyclists. As my administration continues working to make New York's streets safer for bikes, pedestrians and cars, I am grateful for Bike New York's complimentary efforts and applaud all of today's organizers and volunteers for their commitment to ensuring this year's event is the best one yet.

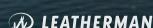
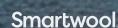


THE CITY OF NEW YORK
OFFICE OF THE MAYOR
NEW YORK, NY 10007

On behalf of the City of New York, please accept my best wishes for a fun and safe ride!

Sincerely,

Bill de Blasio
Mayor





Bloomberg volunteers with Bike New York at Intern Day of Service, July 2017.

We are proud to support the

TD Five Boro Bike Tour

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A LETTER FROM KEN PODZIBA

Bike New York's President & CEO



Dear Bike New Yorkers,

Welcome to the TD Five Boro Bike Tour Presented by REI!

Over the 40-plus years that it's been a part of New York City, the Tour certainly has changed. It's bigger (having grown from 250 riders to 32,000), more fun (there's entertainment along the route, bigger rest areas, and a sprawling Finish Festival), and greener (it became the first large-scale sporting event to earn sustainability certification from the Council for Responsible Sport), for starters. And, of course, there's the mission of the Tour itself: Proceeds now fund the largest free bike education program of its kind in the world, because we at Bike New York believe that bicycles can not only take you through five boroughs in a few hours, they can help transform lives and communities.

But the thing that ultimately makes this event so special has remained a constant and can be summed up in one word: diversity. For decades, we've welcomed riders from dozens of countries and from every corner of this one; children and octogenarians; bike messengers, weekend warriors, everyday commuters, and even unicyclists; old pros and first timers (flip to page 46 to read about some of our favorites in the latter category). You never know who'll be standing next to you at the starting line—they may be from a country you've never heard of!

But diversity isn't simply what makes our ridership so special—it's also what makes New York City like no other place on the planet. Depending on who you ask, as many as 800 languages are spoken here! As you ride through all five of our beautiful boroughs on Sunday, you'll get to experience a 40-mile slice of the most populous, dynamic, and ethnically diverse city in the country. You've chosen a wonderful way to experience it, and we're proud to be able to show it to you.

We couldn't do it alone, of course. Many thanks are due to our thousands of volunteers, without whom the Tour and our education program wouldn't be possible, as well as our generous friends and sponsors, including TD Bank, our title sponsor, and REI, our presenting sponsor. In addition, we owe a great deal of gratitude to the numerous city, state and federal agencies that have been instrumental in helping us grow the Tour into what it is today. I'd like to especially thank Mayor de Blasio and his staff, Commissioner Polly Trottenberg and her team at DOT, and the hard-working men and women of the NYPD, FDNY, Office of Citywide Events, Parks Department, Department of Sanitation, NYC Compost Project and NYC & Co.

Have a great ride!

Ken Podziba
President & CEO
Bike New York

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WACE is an association of cycling events formed to promote and increase cycling around the world

wacebike.com

A LETTER FROM POLLY TROTTEBERG

New York City Transportation Commissioner



Welcome to Bike New York's TD Five Boro Bike Tour!

Whether this is your first bike tour or you are returning today to ride again, you will get to experience first-hand the exhilaration of cycling in New York City. Under Mayor Bill de Blasio's leadership, the city remains committed to transforming its streets to make cycling easier and safer to get around the five boroughs. While cyclists will today have complete run of the Bike Tour's streets and roadways, DOT has dedicated itself to expanding and upgrading the nearly 1,200-mile bike network that cyclists are using in unprecedented numbers the rest of the year.

I am proud to say DOT had another exceptional year in 2017: our staff and crews designed and created 75 miles of new bike infrastructure, including 25 protected lane miles across every borough of New York City – a new annual record.

As cycling grows, we are focused on connecting neighborhoods through the bike network, particularly in the outer boroughs. In Williamsburg, Bushwick, and lower Manhattan, we have already begun planning to increase capacity for the expected boom in cycling when the L train's Canarsie Tunnel closes in April 2019. Meanwhile, In the Bronx, DOT added 12 lane miles of bike lanes improving access to a greenway route. And as we continue to build out the bike network, we are looking to expand in communities with growing cycling rates but more limited infrastructure -- including Jamaica, Elmhurst, Glendale, Bed-Stuy, Sheepshead Bay and East New York.

We are also making a special push to integrate our bridges into our expansion plans. This past year, we improved bike access to the Brooklyn Bridge, completing a brand new entrance on Tillary Street and adding a two-way protected bike lane on Centre Street/Park Row that dramatically improves the connection from Lower Manhattan.

Another critical element to expanding cycling will be to further grow bike share. Citi Bike has been an enormous success story, and in 2018, DOT will explore new bike share models for communities not now served by Citi Bike, including so called "dockless" bikes. We have solicited dockless bike share companies, asking them to come up with new workable programs that we hope to pilot in the near future.

I offer my own thanks to Bike New York for their commitment to cycling and for coordinating this incredibly complex Five Boro Bike Tour. I wish everyone an enjoyable day of biking – you will surely see why more and more New Yorkers are selecting cycling as their preferred way to get around this great city!

Polly Trottenberg

Polly Trottenberg
New York City Transportation Commissioner

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I'M A
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YORKER



There's no New Yorker like a **Bike New Yorker**.

Cyclists of all stripes are welcome in the Bike New York Membership Program; it doesn't matter if you can't tell a crankset from a derailleur or if spandex is your second skin. The thing is, if you are a New Yorker—even if it's only in your heart or mind—and you ride bikes, you are a part of a community. Let's make it official.

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- EARLY ACCESS TO 2019 TOUR REGISTRATION
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 - MUCH, MUCH MORE!

Flanzig and Flanzig

is a New York Injury Law Firm representing the rights of seriously injured cyclists, pedestrians, and their families. We are avid cyclists, bike advocates and trial lawyers with an established 60-year history of litigating on behalf of crash victims in the New York Courts. In the last two years, our firm has obtained some of the **highest recoveries in the State of New York** for pedestrians and other crash victims*.



Partner Daniel Flanzig serves on the Board of Directors of the New York Bicycle Coalition, New York's only statewide advocacy group, where he also serves as a Coalition legal advisor. He is the founder and chairperson of the New York State Trial Lawyers Bicycle Litigation Sub-Committee and a member of the American Association of Justice-Bicycle Litigation Group.

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EVENT DAY RIDE GUIDE

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START SCHEDULE & MAP

The start wave corridor (shown in white on the map to the right) runs along Greenwich/Trinity/Church. Start waves correspond to the color of your bib and bike plate. See below to find out when and where to go. Course Marshals in safety vests will be onsite to direct riders to appropriate entry streets.

In the event that members of your group are assigned to different start waves, please ride together in the latest start wave for your group. Riders assigned to later start waves cannot move to an earlier time. VIP, and Charity riders should consult their credentials for access points.

START 1 (7:30AM)

Recommended arrival time:
6:30-7:15AM. Access start
corridor via Warren or Murray.
After 7:50 join Start Wave 2.

START 2 (8:10AM)

Recommended arrival time:
7:10-7:55AM. Access start wave
corridor via Barclay (West side
only), Vesey, or Dey (East side
only). After 8:30 join Start Wave 3.

START 3 (8:45AM)

Recommended arrival time:
7:45-8:30AM. Access start wave
corridor via Cedar or Rector.
After 9:15 join Start Wave 4.

START 4 (9:20AM)

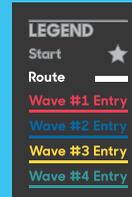
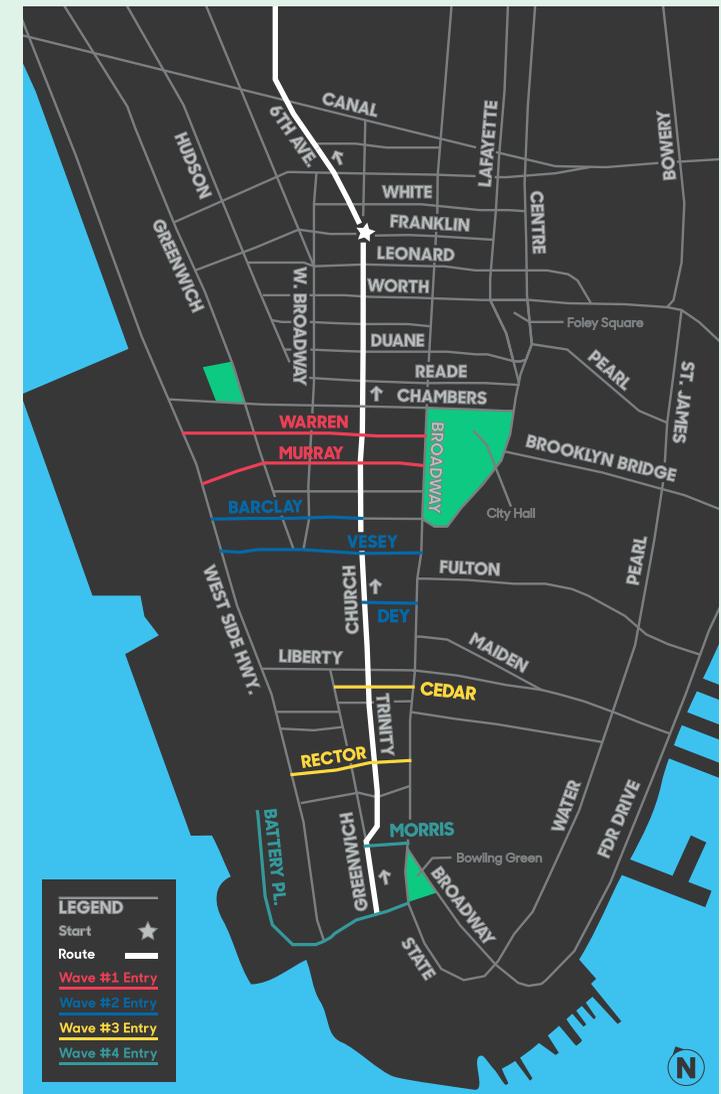
Recommended arrival time:
8:20-9:05AM. Access start wave
corridor via Battery Place, Bowling
Green, or Morris.

After a start wave is released, the line
moves up. Please refer to access points
for earlier waves.

Sixth Ave will reopen to cars at 10AM.

FINISH FESTIVAL (10:00AM - 4:00PM)

Fort Wadsworth, Staten Island



GETTING TO THE START

The route closes to vehicular traffic at 7:15AM; be sure to take this into account when planning your arrival. **We do not recommend driving to the Start Area.**

Bike

Obviously, we're quite partial to this option. From anywhere in Manhattan or downtown Brooklyn, the best way to get to the Start Area is by bike. The Hudson River Greenway and Broadway both lead directly to Bowling Green. For detailed directions, we recommend using Google Maps to plan your route (be sure to click the bicycle icon).

Car

If you are planning to drive, we suggest parking in Staten Island. Please see page 18 for ferry directions.

Subway

| From | Train | To |
|------------------------------------|------------------------------|---|
| Manhattan, The Bronx, Queens | 1 2 3 A C J 4 5 6 E | Chambers St. Chambers St. Brooklyn Bridge World Trade Ctr. |
| Brooklyn | 2 3 A C 4 5 | Chambers St. Chambers St. Bowling Green (B'way exit only) |

These trains/stations do not accommodate bikes:

| | |
|---------|-------------------------------------|
| R | City Hall, Canal St., Whitehall St. |
| 2 3 | Park Place, Fulton St., Wall St. |
| 4 5 A C | Wall St., Bowling Green |
| 1 | South Ferry |

Subway service is subject to change. Visit www.mta.info for customized travel directions using TripPlanner, or call the MTA for more information by dialing 511.



Train

PATH Trains (from New Jersey)

From Hoboken, take the PATH train toward Journal Square (JSQ) and transfer at Grove St. for the World Trade Center (WTC) train. From Newark, Journal Square, Grove St. and Exchange Pl., take the World Trade Center train. The fare is \$2.75, payable by MetroCard. Bikes are not permitted on the first car of the train. Note that you may need to use stairs and/or elevators to get to street level, so be prepared to carry your bike if necessary. For up-to-date schedule information, system map, station locations, and parking information, visit www.panynj.gov or dial 1-800-234-PATH.

Long Island Railroad (LIRR)

The New York City stop for the MTA Long Island Rail Road (LIRR) is Penn Station, at 34th St. and 7th Ave. At Penn Station, cyclists can transfer to downtown subway service or cycle downtown toward Bowling Green. On Tour Day, off-peak fares apply and bike permit rules are suspended. Cyclists should distribute themselves evenly throughout the train to facilitate the flow of people boarding and disembarking at stations. Cyclists are asked to bring a bungee cord to secure their bikes to the train. For more information on departure times and station locations, visit www.mta.info/lirr.

Metro-North Railroad

On Tour Day, bikes are allowed on all trains on the Harlem, Hudson, and New Haven Lines. Off-peak fares apply. Bike permit rules are suspended. However, restrictions on the number of bikes per train will remain with a maximum of eight bikes per train. Go to mta.info/bike to find out more. Check schedules for local service on all lines. To get to the Start Area via subway from Grand Central Terminal, take the 4, 5, or 6 to the Brooklyn Bridge–City Hall station. For more information on departure times and locations, visit www.mta.info/mnr.

Ferry

Staten Island Ferry

Expanded morning service on Tour Day is provided to ensure that cyclists get to the Start Area in time to get rolling. A one-way trip takes 30 minutes, and is free. Riders are advised to take the following ferries for their respective start times.

START WAVE 1
5:30AM, 6:00AM, 6:30AM

START WAVE 2
6:30AM, 7:00AM

START WAVE 3
7:15AM, 7:30AM

START WAVE 4
8:00AM, 8:15AM

NY Waterway

NY Waterway will provide ferry service from Paulus Hook (Jersey City) to the World Financial Center Terminal (downtown Manhattan) for \$5 (one way). The service will start at 6AM and depart every 15 minutes. The bicycle surcharge will be waived until 8:30AM.

Ferries are first-come, first-served.

GETTING TO THE FERRY

Car

We recommend that participants driving to the TD Five Boro Bike Tour carpool and park in Staten Island in the morning. Parking will be easier and you'll avoid waiting for the ferry at the end of the day. We suggest parking in the following areas: the South Beach lot (see parking information to the right), near Staten Island Railway stations, or lots near the ferry.

(Due to construction, there will be limited parking on ferry terminal property; if full or unavailable, please use local garages.)

If you park on the street, please observe all posted parking restrictions. Cars parked along the Tour Route will be towed. Visit www.bike.nyc for detailed driving directions.

MTA Staten Island Railway

Park on local streets or in a Staten Island Railway Park-and-Ride at Dongan Hills, Great Kills, Annadale, Prince's Bay, or Huguenot stations, then hop on a train to the ferry. Bicycles will be allowed on the trains, and you can board at any Staten Island Railway station. MetroCard fares are collected as you enter and exit at the St. George and Tompkinsville stations. Visit www.mta.info or dial 511 for more information.

South Beach Park-and-Ride

Participants parking at the South Beach Park-and-Ride (located off Capodanno Blvd. between Seaview Ave. and Sand Ln.) can ride their bikes to the Staten Island Ferry in order to make their way to the Start Area. At the end of the day, cyclists can return to their vehicles via the bike path running from the Finish Festival at Fort Wadsworth to the South Beach Park-and-Ride.

Staten Island Ferry Parking

Due to ongoing construction, there will be limited parking at the Staten Island Ferry lots. Alternatively, use street parking or the following nearby private and municipal lots.

St. George Courthouse Garage, 54 Central Ave.

Open 5 am–8 pm. \$8 for the day. Pay with cash or credit card (no debit card).

Allied Parking, 55 Central Ave.

Open 6 am–6 pm. \$10 for the day. Pay with cash, credit or debit card.

Allied St. George, 25 Wall St.

Open 6 am–6 pm. \$10 for the day. Pay with cash, credit or debit card.

Central Parking, 325 St. Marks Pl.

Open 24 hours. \$15 for up to 12 hours. Pay with cash, credit or debit card.

If you park on the street near the ferry, please observe all posted restrictions and note that parking and towing regulations are strictly enforced.

RIDER TIPS

We work hard to ensure that you have a great time on the Tour. But just in case you aren't able to complete the ride, or if you need assistance for any reason, here's what to do, who to contact, and where to go.

Please note that once the Tour starts, the front of the pack will travel at approximately 15 mph, the tail at about 6 mph. Cyclists who fall behind will be given the option of boarding SAG (Support and Gear) vehicles traveling at the tail of the Tour, or leaving the Tour as the route permits.

Shortcut

Riders at the back of the pack may be directed to take a shortcut that bypasses the Astoria Park Rest Area and leads directly to the Con Ed Learning Center Rest Area, trimming four miles off the route.

Due to the street closure schedule, all riders must be on the Brooklyn-Queens Expressway (BQE) by 2:00PM; otherwise, your Tour will end in Brooklyn at mile 28. Please be mindful of the time you spend at the Rest Areas. If you do not make it to the BQE in time, see "Leaving the Tour" in the column to the right.

Hitching a Ride with SAG (Support and Gear)

SAG vehicles will be stationed at each Rest Area and will follow the back of the pack. If you are running out of steam or fall too far behind, signal and then pull off to the side of the road to wait for SAG. They will take you and your bike to the Finish Festival.

Leaving the Tour

If you need to leave the Tour for any reason, we recommend doing so at the following locations. If you leave the Tour, you will be riding with motorized traffic and will have to watch for cars and road hazards.

Mile 14: York Ave. and 63rd St. (Manhattan)

This is your last chance to exit the Tour in Manhattan. If you don't want to continue, travel straight on 63rd St. after the Tour exits the FDR Drive. Do not take the left-hand turn onto the ramp of the Queensboro (59th St.) Bridge.

Mile 27: Brooklyn Bridge

Before the Tour enters the Brooklyn-Queens Expressway (BQE), you can leave the Tour at Old Fulton St. and Cadman Plaza West and take the Brooklyn Bridge bike path into downtown Manhattan. Marshals on the Brooklyn side will direct you. (This exit point is recommended for those traveling with children.)

Subway

The Tour passes near many subway stations. Bikes are allowed on the subway, but some unstaffed subway stations have turnstiles that do not accommodate bikes. Marshals and Information Tents at Rest Areas can provide more details on which stations to use. Visit www.mta.info for up-to-date info.

Medical Concerns

If you feel that you need medical attention, speak to a Tour Marshal or NYPD officer immediately, or visit a medical station located at each of the Rest Areas along the course. Do not wait for SAG. If you have an emergency, and there are no Tour Marshals or NYPD officers nearby, call 911 and say that you are with the TD Five Boro Bike Tour.

Marshals and Police

Volunteer Marshals and NYPD officers will be riding with you and will be stationed along the route to provide assistance and keep the Tour rolling safely and smoothly.

Here's who to look for:



Rider Assist Marshals will be riding alongside you in safety vests to help keep the Tour moving. They can also help out with flat tires and minor repairs.



Course Marshals will be stationed along the route in safety vests. They can give route directions and alert you to road conditions ahead.



NYPD officers will be on the route to manage car traffic.

Please follow all instructions given by Marshals and NYPD.

SERVICES ALONG THE ROUTE



Rest Areas

All Rest Areas include snacks, water stations, toilets, bike repair, first aid, and information. Complimentary refreshments from our sponsors include New York City water, Del Monte bananas, Utz pretzels, Clif bars, snacks from Nature Addicts, juice samples from Purity Organics, and active hydration drinks from nuun. Signs and Marshals along the route will direct you to Rest Areas or to bypass lanes.

| Mile | Location |
|------|------------------------------------|
| 11 | FDR Drive at 116th St. (Manhattan) |
| 18 | Astoria Park (Queens)* |
| 20 | Con Ed Learning Center (Queens) |
| 26 | Commodore Barry Park** |

*All cyclists near the front of the pack will be held here for about 20 minutes while the NYPD closes down portions of the route to traffic. Cyclists near the tail of the Tour will be directed to a mandatory shortcut that bypasses this stop and leads to the next one.

**This is the last Rest Area before the Finish Festival in Staten Island, eleven miles later. Be sure to refuel and hydrate here!



Entertainment

TD Bank Entertainment Zones will be located along the Tour route to keep the party rolling from start to finish. Visit www.bike.nyc for more details, including Entertainment Zone locations and artist websites.



Fluid Stations

We recommend bringing two water bottles so you can stay hydrated while you ride. All fluid stations include water, toilets, bike repair, and information.

| Mile | Location |
|------|----------------------|
| 9 | The Bronx |
| 27 | Brooklyn Bridge Park |
| 33 | Gowanus BQE |
| 40 | Staten Island Ferry |



Toilets

Toilets are available at all Rest Areas, Water Stations, the Finish Festival, and at the following locations throughout the tour:

| Mile | Location |
|------|---|
| 0 | Start Area - Battery Place, Bowling Green, and along Church St.* |
| 3 | 6th Ave., at approximately 56th St., before entering Central Park** |
| 7 | Adam Clayton Powell Jr. Blvd. and 115th St. |

*Handicap-accessible toilets available

**Please note: There are no toilets in Central Park.



Zero-Waste Stations

In 2016, we diverted 91% of waste from landfills with the help of GrowNYC, NYC Compost Project, and, of course, our riders. As a result of our efforts, the Tour and Expo were awarded Gold-level sustainability certification by the Council for Responsible Sport. Keep your eyes open for marked "Zero-Waste" stations. Our Green Team Volunteers will be happy to help if you need assistance. They'll be sorting plastic/glass, paper, organics, Clif Bar wrappers, and (hopefully very little) standard waste. Bring used bike tubes and chains to bike repair stations at Rest Areas and Water Stations, where they will be collected and upcycled into personal gear and apparel.



Medical Help

Emergency medical technicians (EMTs) and paramedics from the Jamaica Hospital Medical Center Bike Unit are available to attend to medical needs, as are ambulances from the NYC Fire Department Emergency Medical Service. Ask any Marshal or NYPD officer for medical assistance if you need it. There are also EMTs at each Rest Area and at the Finish Festival. If you have an emergency, and none of these are available, dial 911 and say you are with the TD Five Boro Bike Tour.



Staten Island Ferry Service to Manhattan

At the end of the Tour, ferries will return riders to Manhattan on a first-come, first-served basis. Four ferries will run per hour, but lines may be long. Please take the time to enjoy free snacks and entertainment while you wait. Toilets and water will also be available. If you choose to drive, consider parking in Staten Island (see page 18) and taking the morning ferry to Manhattan before the start, thus avoiding return ferry lines in the afternoon.



Information Tents

Information Tents at the Start Area (in Battery Park), Rest Areas, Water Stations, and the Finish Festival are your go-to resources for all questions and concerns; they also make for great rendezvous spots in the event that you get separated from family and friends. (Do not stop in Central Park, on any of the bridges, or in the middle of the road to wait for friends. If you must stop, please signal and pull off to the side of the road.)



Pump Teams

Need air? We've got it! "Pump teams" are students from Recycle-A-Bicycle's 'Bike to School' programs who will help get your tires road-ready. You can find them at Bowling Green, near the start line, and select Rest Areas.



SAG Vehicles (Support & Gear)

SAG vehicles provide transport to the Finish Festival for cyclists (and their bikes) who require assistance. SAG buses and trucks will be stationed at each Rest Area and will follow the end of the Tour. If you are running out of steam or fall too far behind, signal and then pull off to the right side of the road to wait for SAG. Make sure your bike plate is attached to your handlebars so that we can reunite you with your bike at the Finish Festival; your bib will serve as your bike retrieval ticket.

If you do not retrieve your bicycle on Staten Island, you may claim it by contacting BNY at 212-870-2080. After May 11, unclaimed bicycles will be donated to Recycle-A-Bicycle.



Tour Photos

Photographers from MarathonFoto will be stationed along the route to take your photo as you ride. For identification purposes, make sure your bike plate and bib number are clearly visible. After the Tour, MarathonFoto will contact you via email so you can view and purchase your photos.



Lost and Found

Check at Information Tents at Rest Areas and at the Finish Festival for items lost along the way. No luck? After May 8, call 212-870-2080 or email info@bike.nyc to see if your lost item has been returned to our office.



Bike Repair

If your bike needs attention, flag a Rider Assist Marshal or stop at a repair tent. Labor for basic repairs is free, but there is a charge for parts. Flat tires are very common, and Marshals can help you better if you have a spare tube. Many of our bike repair partners will have tubes for sale (cash only).

Repair services can be found at these locations:

- All Rest Areas and Water Stations
- Start Area in Battery Park at Battery Pl. and Greenwich St. and on the corner of Church St. and Reade St. (Manhattan)
- Duarte Square, just past the Start Area (Manhattan)
- 20th St. and 6th Ave., in front of the TD Bank (Manhattan)
- 63rd St. and the Queensboro Bridge (Manhattan)
- 110th St. and Adam Clayton Powell Jr. Blvd., just north of Central Park (Manhattan)
- North 7th St. and Kent Ave. (Brooklyn)
- Flushing and Clermont Aves (Brooklyn)
- Finish Festival, Fort Wadsworth (Staten Island)

Free bike repair labor generously provided by:

- Recycle-A-Bicycle
- NYC Velo
- Treads Bike Shop
- Tony's Bicycles
- Chelsea Bicycles
- Ride Brooklyn
- Spokesman
- Danny's Cycles (formerly Metro Cycles)
- Sid's Bike Shop
- N.Y.C. Bicycles
- Propel Bicycles
- NYC Mechanical Gardens Co-op

RIDER ID KIT

The Rider Identification Kit (RIK) comprises **a reusable helmet cover, a recyclable Tyvek bib***, and a **bike plate** made from an environmentally friendly material called Ultra Green.

In order to ride in the Tour, your bib must be affixed to the front of your shirt or jacket, your bike plate must be attached to your handlebars, and you must wear the helmet cover over your helmet.

* We will be collecting rider bibs for recycling at the Staten Island Ferry.

FINISH FESTIVAL

The ferry back to Manhattan is still three miles away, but by the time you reach the Finish Festival at Fort Wadsworth in Staten Island, you will have conquered five boroughs and as many bridges—including the longest suspension bridge in the Americas. Kick back and relax. You've earned it. **Fort Wadsworth is not open to the public on Tour day.**



Music & Entertainment

Listen to bands and stop by exhibitors' booths for great giveaways! Bike schwag is the best schwag.



Food & Drinks

We're bringing some of the best local food vendors to the Finish Festival. After putting in that many miles, you're gonna be hungry.



Photo Ops

Get your photo taken with that beast of a bridge—the Verrazano—in the background at the TD Bank Photo Booth.



First Aid

Courtesy of the New York City Fire Department Emergency Medical Service and Jamaica Hospital Medical Center.



Official Merchandise

Get decked out in official Bike New York and TD Five Boro Bike Tour gear—we'll have shirts, jerseys, water bottles, and much, much more. All proceeds go directly to funding our free bike education programs, so shop away!



Bike Repair

Labor for basic repairs is free, but there's a charge for parts (cash only). Be sure to bring some spare tubes with you.



Reunion Area

Plan to reunite here at the end of the ride in case you get separated from your group.

TIPS & FAQs

Bag Restrictions

- No bags with shoulder straps (including backpacks, messenger bags, hydration packs, and drawstring bags)
- No panniers or bags that hang on the side of your bike
- No covered baskets
- No bags over 42O cubic in. (6.9 L.)

What to Bring

- Your Rider Identification Kit
- Photo identification—you may be asked to show it
- Cell phone*
- Water bottles (you can refill them at Rest Areas and Water Stations along the route)**
- Weather-appropriate clothing (be sure to check the forecast)
- Sunscreen
- Sunglasses
- An extra bike tube; make sure it's the same size as your current tubes, with the right valve—either Presta or Schrader
- Patch kit in case of a flat
- A smile!

*If you are riding with a child who does not have a phone, please make sure to write your cell phone number and name on the back of your child's bib.

**Water bottles will not be provided.

Rules of the Road

Wear your helmet. No ifs, ands, or buts about it. Also:

- Have your RIK visible at all times: attach the bike plate to your handlebars, affix the bib to the front of your shirt or jacket, and wear your helmet cover. You will be asked to leave the Tour if any element of your RIK is missing.
- Respect other cyclists.
- Human-powered bikes only. No e-bikes.
- Ride in a straight line. If changing lanes or pulling over, look first and then signal to show which way you're planning to go. Use hand signals to indicate that you are slowing down, stopping, turning, or changing lanes.
- Keep to the right; pass left. (Call out "On your left" when passing another cyclist.)
- Move completely to the side of the road if stopping for any reason.
- Do not ride against the flow of the Tour.
- Do not use your cell phone while riding.
- Maintain adequate distance between yourself and other cyclists—especially on downhills.
- Control your speed and be prepared to slow down for congestion or road hazards.
- Keep at least one hand on the handlebars at all times.
- Do not wear earbuds or headphones.
- Slow down when approaching a security checkpoint and make sure your complete RIK is visible.
- No photos on bridges or their access points. Your camera may be confiscated.

Riding with Youths

- A youth is anyone under the age of 18 on the day of the Tour.
- Each youth must be registered on the same team as a parent or guardian riding in the Tour.
- Adult to youth ratio must be 1:1. No exceptions.
- Children under the age of 3 are not allowed on the Tour.
- Youths ages 3 to 9 must ride with an adult on a tandem bike, in a child's seat, on a tag-along bike, or in a bike trailer. If you are towing a bike trailer, please keep to the right when going uphill.
- Youths ages 10 to 17 may ride their own bikes, but must remain in close proximity to the adult with whom they are registered.
- Plan ahead in case you get separated from your youth. Instruct them to seek out a Marshal wearing either an orange or yellow vest. The Marshal will guide them to an information tent where staff can communicate with Tour Command to reunite you.

Riding in a Team

- Make sure you and others in your team have stored important numbers and contact info on your phone, including that of someone not riding in the Tour, your hotel, your team members' home and cell numbers, etc.
- If you get separated from your team, continue to the next Rest Area and look for them there. Do not pull over to the side of the road to wait for them.

ROUTE MAP

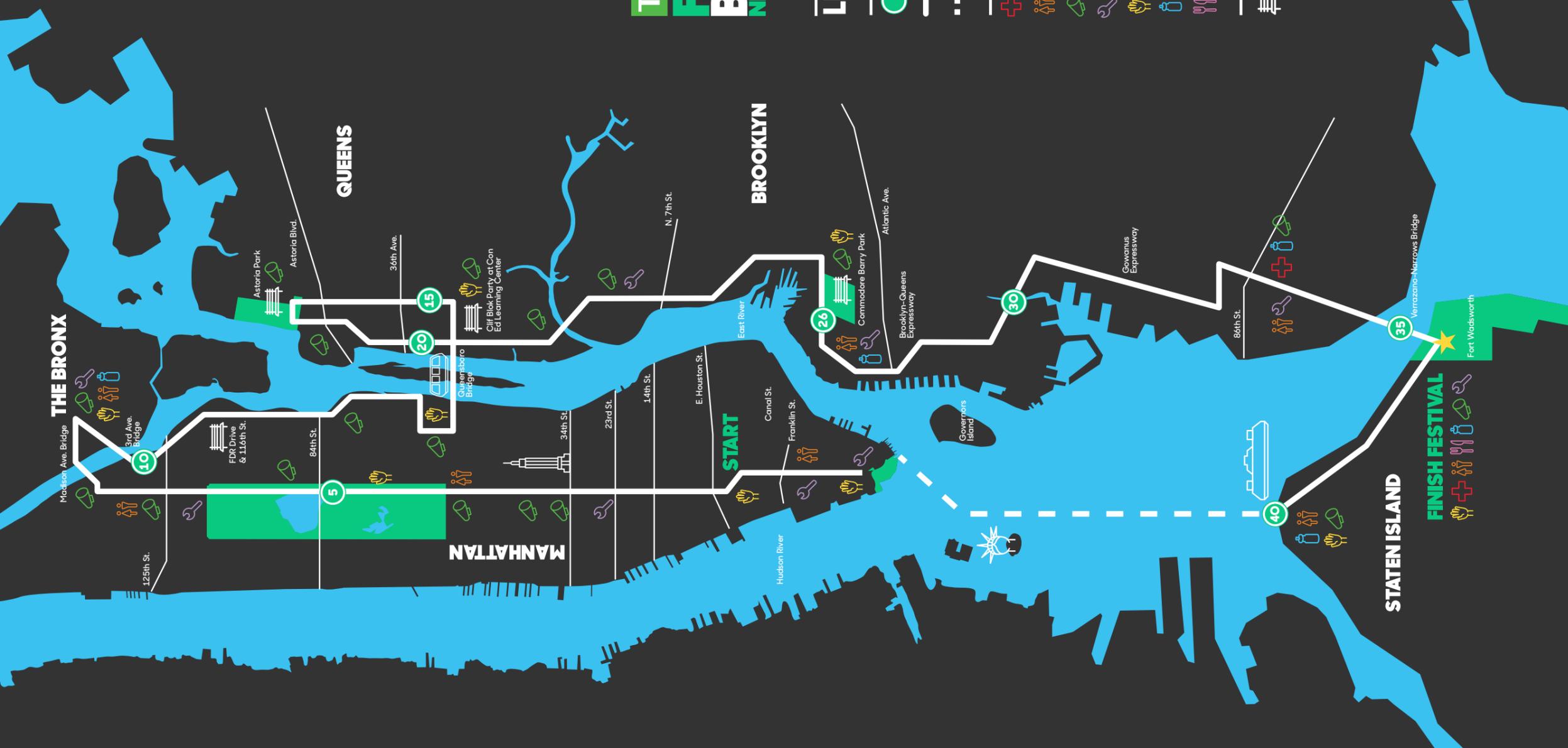
Fold this page out for a larger map to take with you on the ride!

Legend

| | |
|--------------------|--|
| Bike Route | |
| Ferry Route | |
| Mile Marker | |
| Rest Area | |
| First Aid | |
| Toilets | |
| Entertainment Zone | |
| Bike Repair | |
| Volunteer Check-in | |
| Fluid Station | |
| Food | |

REST AREAS





TD **FIVEBORO BIKE TOUR**
NEW YORK / MAY 6, 2018

LEGEND

- Mile Marker
- Route
- Ferry Route
- First Aid
- Toilets
- Entertainment
- Bike Repair
- Volunteer Check-in
- Fluid Station
- Food
- Rest Area =



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EXPERIENCE Québec BY BIKE



photos: Maxime Juneau

We live just north of you. Charming, hospitable... famous for our fine cuisine and European flair. A cycling trip in Québec just might be your coolest vacation ever! With such attractive exchange rates, what better time to visit us!

GO BIKE MONTRÉAL FESTIVAL JUNE 1 TO 3, 2018

Come for the weekend of the Go Bike Montréal Festival and experience the nocturnal Tour la Nuit, as well as the Tour de l'Île de Montréal – similar to the Five Boro Bike Tour in New York.

GRAND TOUR DESJARDINS AUGUST 4 TO 10, 2018

Come for a week and join 1,800 cyclists in a 500-mile tour – the largest of its kind in Canada – along a spectacular route in the Lower St. Lawrence, as part of the 25th Grand Tour Desjardins.



INFORMATION AND RESERVATIONS



explorebybike.com
1-800-567-8356, ext. 506



BIKE NEW YORK'S EDUCATION PROGRAMS

They say you never forget how to ride a bike, but many people never had the chance to learn. We offer hundreds of free classes and programs for adults throughout the year at more than a dozen Community Bike Education Centers and bike shops across the five boroughs.

ROAD MAP OF ADULT CLASSES



Youth Classes

Kids' Learn to Ride Class

This free group class is for children who are ready to ditch their training wheels and ride a two-wheeler for the first time. With our safe, easy, effective method and experienced instructors, kids will learn how to balance, pedal, start, stop, and steer a bicycle. Most students get the hang of it in one session!

After School Programs, Summer Programs, and Youth Ride Clubs

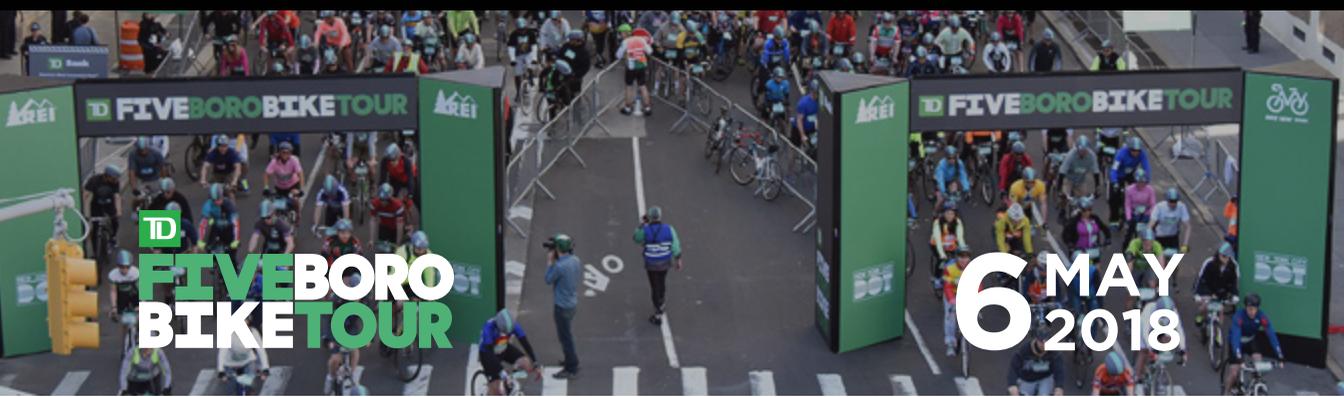
We teach kids the mechanics of riding a bike, the rules of the road, best practices for riding in a group and on the streets, and the joy and freedom of biking. Sessions are one day per week for several weeks.

Bike Safety Assembly

We'll bring an interactive presentation suitable for Pre-K through 12th grade to schools anywhere in NYC! Content is designed to teach kids that cycling is a fun, healthy activity, but that it does have rules that kids should know and follow.



RIDE THE TD FIVE BORO BIKE TOUR WITH UNLIMITED BIKING



ONE BIKE AT A TIME: BORO PROFILES

Every borough of New York City is a world unto itself, comprising dozens of diverse, unique communities.

Thanks to your participation in the TD Five Boro Bike Tour Presented by REI, Bike New York empowers kids and adults not only to explore those worlds, but to improve them. Meet six New Yorkers who have transformed their lives and the lives of others with the help of riders like you.



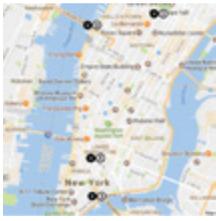
Pick-Up and Drop-Off Premium PASS!

Pick up your bike near the starting line of the ride and, then leave it near the finish line at the Staten Island Ferry Terminal with our on-site team.



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All of the bikes we offer are brand new Cannondale bikes in a range of options to best suit your needs, every one of our rentals comes with a Cannondale helmet at no additional charge.



EXTRA Four Pick-Up/Drop Off Locations

1. Central Park location at 56 W. 56th Street
2. Brooklyn Bridge location on the Manhattan side of the bridge at 110 South Street
3. Hudson River location at Pier 78 on 39th Street and 12th Avenue
4. Harlem location at 111 W. 110th Street

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\$109

CANNONDALE MEN BIKE QUICK 6



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CANNONDALE KIDS BIKE 20"24"



\$75

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THE BRONX

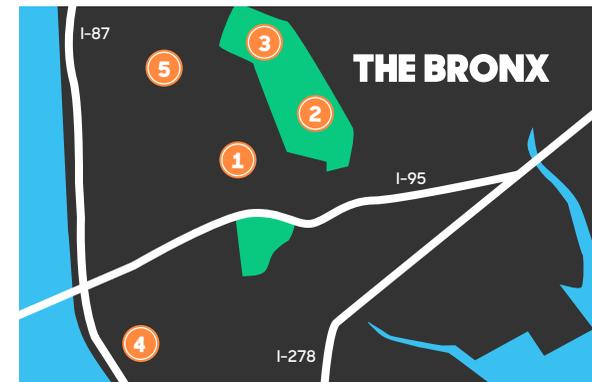
ROSINELL HOLGUIN & OSCAR HERNANDEZ

This inseparable pair of Bronx Community College students (and Bike New York instructors) came to us as high schoolers in an After School program, and they'll never forget the first kids they taught to ride.

"There was this one kid who was so determined, but his balance was just off," Rosinell says. "Every week he would come back and tell me, 'I practiced everything that you taught me!' One day, I was locking up the bike education container, and he rode up to me and was like, 'Look! Miss Rosie! I got it, I got it!' It felt amazing." Oscar concurs; when his first teaching success rode by in front of her beaming parents, "I was so proud of myself," he says.

"If you have the time, you should volunteer," Rosie says. "It's an experience that you won't gain anywhere else. It's just really fun." Adds Oscar: "To see a smile on a kid's face when they learn to ride is just the best thing."

And now their students aren't the only ones gaining new skills; Rosie, an aspiring elementary school teacher, says, "With kids and bikes, they're so excited; it's taught me patience." For Oscar, who plans to become a police officer, "It's taught me how to motivate kids. That's going to help me in the future—when I see kids not doing the correct thing, I'll be able to motivate them to do something different, something positive."



"To see a smile on a kid's face when they learn to ride is just the best thing."

Bronx Highlights

1. Arthur Avenue
2. The Bronx Zoo
3. New York Botanical Garden
4. Yankee Stadium
5. Edgar Allan Poe Cottage

Rosinell's Pick: Eagle Slope Community Garden

"When the man who runs it bought the land, it was dry, not fertile at all. But now, you wouldn't believe it. He sells all the fruits and vegetables to the community, and he puts the proceeds back into the garden. You can go in and he'll give you a tour."

BROOKLYN QINGLIAN ZHANG

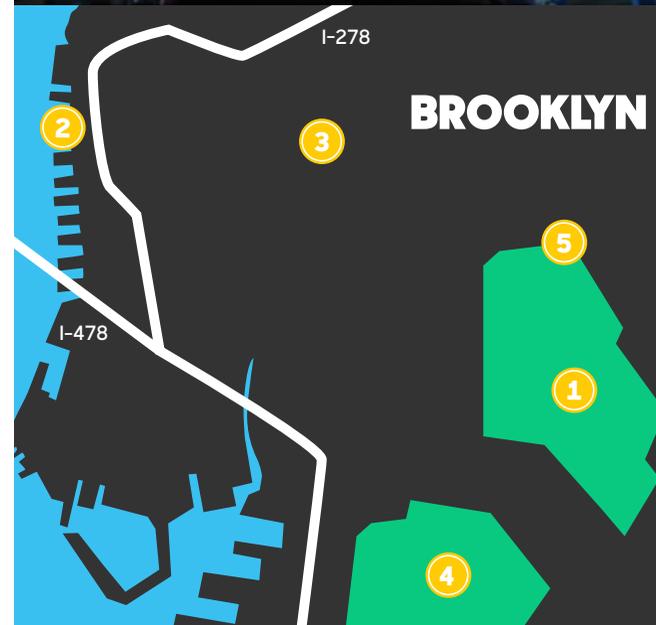
Qinglian Zhang first became interested in bike commuting when she noticed that Citi Bike could help close a gap in her transportation routine. She works for a company that manages collections at museums around the city, and realized that instead of walking several long avenues to a museum from a subway, she could take a Citi Bike. Still, she found the thought of riding on NYC streets daunting, but was inspired by her dance instructor, a bike commuter here in NYC, and her Dad, who commutes daily in her home city of Shanghai. She thought that if they could do it, she could too. She had the will, and Gear Femmes helped her find the way.

Gear Femmes is Bike New York's new education initiative for women/trans/femme cyclists; through classes and programs, specialized instruction, and community events, aspiring commuters develop

their bike commuting skills with support from the Gear Femmes community. Class sizes are small and instructors consistent, which allows each participant to focus on whatever obstacles they're facing. Then aspiring bike commuters are matched with mentors who literally show them the way with techniques and route selection.

After Qinglian completed basic classes in the Gear Femmes program, and participated in Bike Camp last summer, she was matched with experienced commuter Lilach Shafir, who also lives in Brooklyn and works in Manhattan. The two became fast friends and commuted together last fall, with Lilach leading the way. Qinglian has come a long way, and is resolved to go even further. "Hopefully, in the near future, I'll be able to lead and look back and see Lilach."

**She had the will,
and Gear Femmes
helped her find
the way.**



Brooklyn Highlights

1. Prospect Park
2. Brooklyn Heights Promenade
3. Brooklyn Academy of Music
4. Green-Wood Cemetery
5. Brooklyn Museum

Qinglian's Pick: Pioneer Works

"Pioneer Works always has very exciting installations and contemporary art on display. Even if there is no event or exhibition on view, the backyard, which is very family-friendly, is also a place to walk around and just relax."



MANHATTAN FRANKIE CHAN

Most people remember the first bike they ride—Frankie Chan remembers the first one he worked on. “It was a kids’ bike—a training bike. Eric showed me the skills: what tools to use, what not to use,” he says, referring to Eric Robinson, a Bike New York mechanic who, along with Frankie and the rest of our mechanic team, has been inspecting, repairing, and overhauling our education program’s bicycle fleet.

Frankie joins our team by way of AHRC, a family governed organization committed to finding ways for people with intellectual and other developmental disabilities to build full lives as defined by each person and supported by dedicated families, staff, and community partners. Three days a week, Frankie works rigorously to ensure the fleet is ready for another year of riding.

In between fixing brakes, cabling gears, and snipping housing, Frankie livens up Bike New York’s Recycle-A-Bicycle warehouse in Long Island City with jokes and commentary. A generous spirit, he has been known to buy pizza and soda for the team to enjoy. The Chinatown resident will even bring you a better version of a snack, like dried mangoes, from home.

It’s only been a few months, but Frankie feels good about working on bikes now. He considers himself a visual learner. “People show what to do and I can follow. I just watch and I know what to do.” Although he is comfortable working on bikes and getting his hands dirty, he has yet to learn how to ride a bicycle. “It looks easy to ride, but two wheels? Four wheels would be nice,” says Frankie, ever the comedian. “Make it six wheels!” And with that, our mechanics consider their next project.

“People show what to do and I can follow. I just watch and I know what to do.”



Manhattan Highlights

1. Hudson River Greenway
2. Central Park
3. Museum of Modern Art
4. Intrepid Museum
5. American Museum of Natural History

Frankie’s Pick: Royal Seafood Restaurant

“It’s only one block from the train. Order the no-nonsense stuff, like chicken feet, shrimp balls, and egg rolls. For tea, you can’t go wrong with Pu-Erh or Chamomile.”



QUEENS JOELLE GALATAN

Learning how to ride a bike can be a challenge. For youth with autism and their families, those challenges can be magnified—but so too can the successes. Joelle Galatan, a high school senior from Queens, is working with Bike New York to make sure that kids with autism and other learning disabilities get the opportunity to experience the benefits of this meaningful milestone.

Joelle participated in the 2017 TD Five Boro Bike Tour as a part of our charity partner program, raising money and awareness for the ELIJA (Empowering Long Island's Journey Through Autism) School, where her younger sister, Talia—who has autism—is a student. After the Tour, Joelle wanted to do even more to use cycling to help support students like her sister, so she approached Bike New York about organizing a series of Learn-to-Ride classes in Flushing Meadows–Corona Park. Her goal was simple: "I wanted to create a place where kids who never thought they could ride, whether they're eight or 18, could learn in a positive community," she says.

"So many of these kids' lives are filled with setbacks. Learning to ride is good for them physically, socially, emotionally, and they're able to accomplish something. Parents can see that their kid can ride like any other kid—and that's exciting."



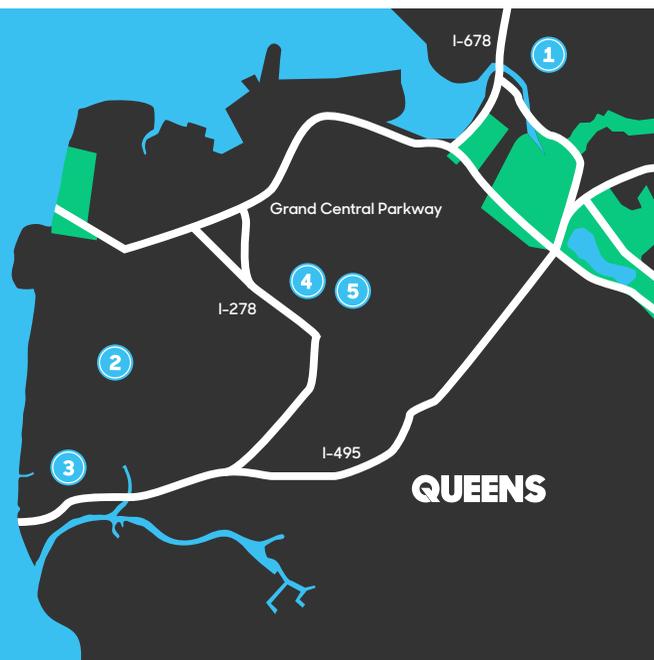
"I wanted to create a place where kids who never thought they could ride could learn in a positive community."

Queens Highlights

1. New World Mall
2. Museum of the Moving Image
3. MoMA PS1
4. India Sari Palace
5. Arepa Lady

Joelle's Pick: The Unisphere in Flushing Meadows Corona Park

"It truly never gets old, and the park itself is rich in history, culture, and is home to the best team in baseball, the New York Mets. The park has great views of the skyline, and is especially pretty during the spring when all of the cherry blossoms are in bloom."





STATEN ISLAND KIN CHUNG CHOO

Bike New York is constantly working on new initiatives—for example, Gear Femmes and our Membership Program are all less than 2 years old. The latest apple of our eye is something we launched this year in conjunction with the Department of Education: a pilot program that brought our bike education programs to a few schools on Staten Island. Historically, our school programs have required that a school bring their kids to one of our 12 bike education centers; but for this one we brought the bikes and instructors to the students.

One of those instructors is Kin Chung Choo, a Staten Island resident who came to us from our events team, having worked on last year's Tour as well as our regional rides, Discover Hudson Valley

and the Twin Lights Ride. He jumped at the chance to work on the project.

"Kids aren't going outside like they used to," he says. "People are indoors, playing video games, looking down at their phones. Bikes get them outside."

Kin, who graduated from SUNY Cortland last year with majors in Business Economics and Sport Management, sees a future for programs like this. "You guys could definitely expand this to other boroughs, working with different schools," he says. "Every kid we worked with enjoyed the program. They wanted more."



Staten Island Highlights

1. Snug Harbor Cultural Center & Botanical Garden
2. Flagship Brewing Company
3. Ralph's Famous Italian Ices
4. Staten Island Zoo
5. St. George Theatre

Kin's Picks: Arthur Kills and South Beach

"Arthur Kills has air shows in the summer and a really nice park; South Beach has fireworks."

For more recommendations for what to see or do when you're riding around the five boroughs, check out www.nycgo.com/events/td-bank-five-boro-bike-tour

"Every kid we worked with enjoyed the program. They wanted more."

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KEEP ON RIDING



DISCOVER HUDSON VALLEY

Sunday, June 24, 2018

TWIN LIGHTS RIDE

Sunday, September 30, 2018

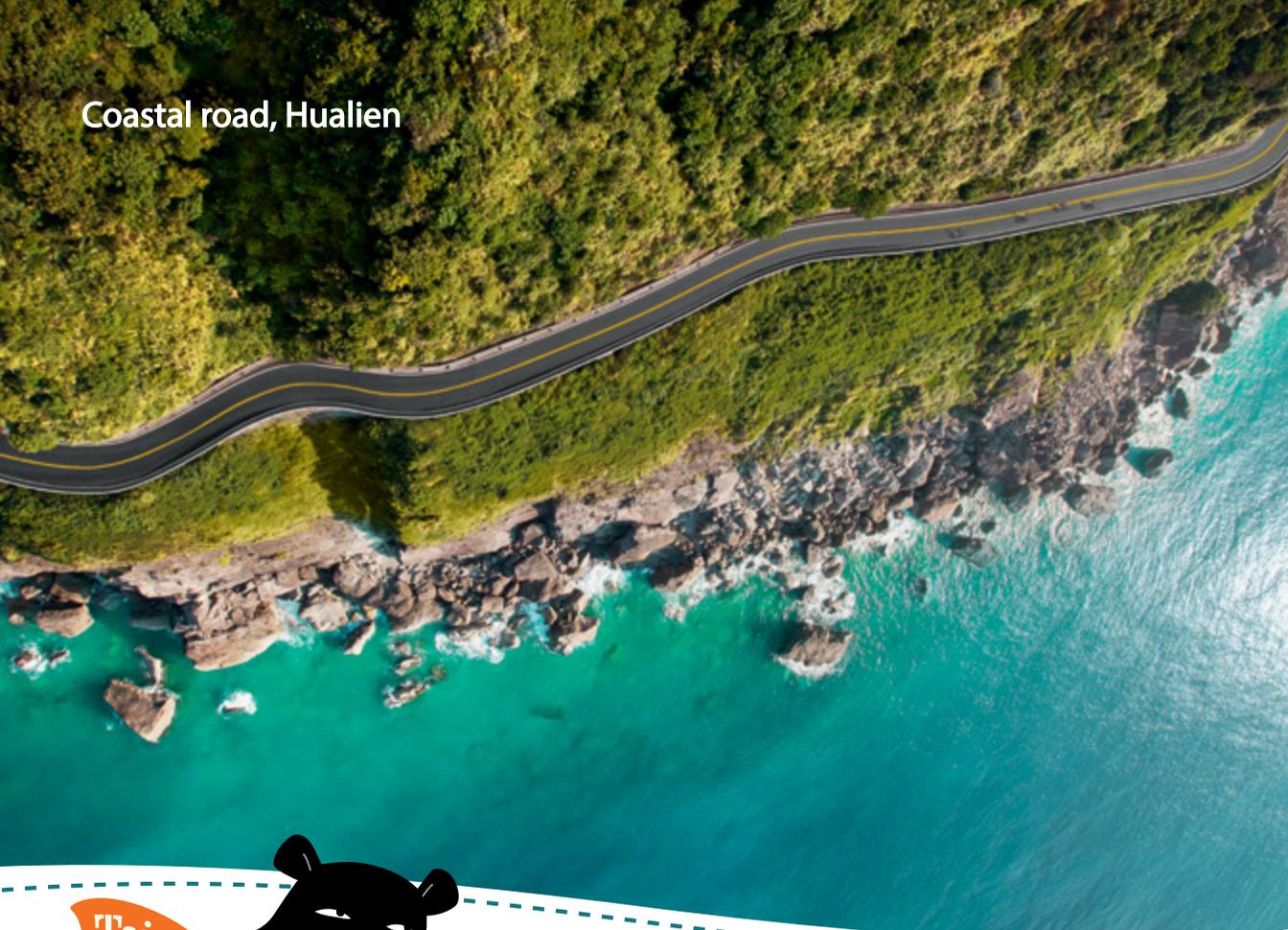
bike.nyc/events



TWIN LIGHTS RIDE



Coastal road, Hualien



Cycling Taiwan

Bicycle Kingdom, Cycling Paradise

For more information, please visit www.taiwanbike.tw

9-day Tour

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TD FIVEBORO BIKETOUR
NEW YORK / MAY 6, 2018

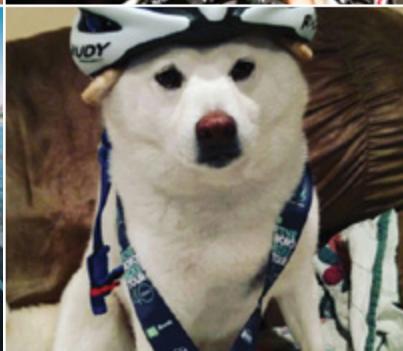
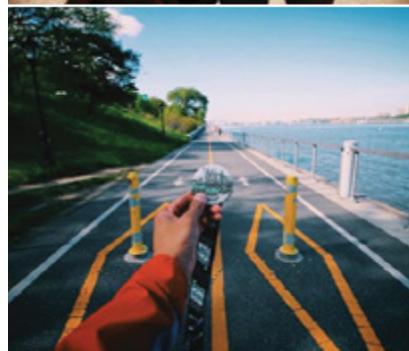
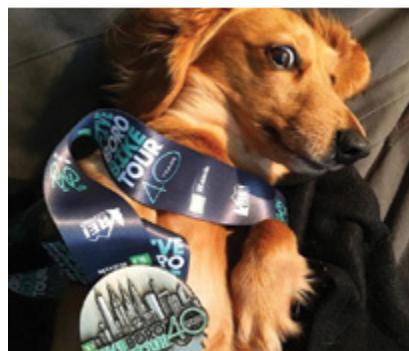
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WINNING ON MEDAL MONDAY

You rode 40 miles of car-free streets with 32K people from across the country and around the world, and you have the medal to prove it!

Post a celebratory photo featuring your medal and tag it #MedalMonday & #TDFBTT on social media and it could be featured in our feeds. When you post using these hashtags, you'll be automatically entered to win two VIP passes to the 2019 Tour. We want to see your creative side! Bonus points go to pics of medals in unique, creative, adorable, or humorous settings. Check out some of our fave pics from 2017!



Follow us on Facebook, Instagram, and Twitter @BIKENEWYORK

Don't forget to tag all your other social media posts from Tour weekend #TDFBTT & #BikeExpoNY for a chance to be featured in our feeds.

Remember, taking photos while you're riding is prohibited, but there are plenty of opportunities to capture your Tour experience when you're not pedaling.

SUSTAINABILITY GOALS

Over the past few years, Bike New York has taken our sustainability practices to the next level. Since 2016 we're proud to have diverted more than 90% of waste from the landfills.

Here's how you can help us reach important sustainability goals this year:



Take public transportation, carpool, or bike to the Start Line.



Place damaged bike tubes and chains in upcycling receptacles at Rest Areas and at the Finish Festival. These parts will be upcycled into products like bags, keychains, and wallets.



Remember, when placing uneaten food in compost bins, remove the packaging and place it in the appropriate receptacle. Foil-lined wrappers and plastic snack bags for example, should be placed in specially marked bins.



Stay hydrated by refilling your reusable water bottle with world-renowned New York City drinking water.



Go bananas! Refuel at Rest Areas with organic bananas from Del Monte Fresh Fruit and don't forget to compost the peels.



Have questions about what goes where? Green Team volunteers will be stationed at Rest Areas and at the Finish Festival to guide you.



Recycle your rider bib by placing it in a specially marked receptacle located near the entrance to the Staten Island Ferry.



Put trash in its proper place at our Zero Waste Stations located throughout Bike Expo New York, Rest Areas, and at the Finish Festival.



Thanks for your efforts and to our partners in sustainability for helping the TD Five Boro Bike Tour earn Gold-level Certification by the Council for Responsible Sport.

BNY YOUTH AMBASSADORS EARN THEIR BIKES

On a frigid Saturday in March, Bike New York's Recycle-A-Bicycle warehouse in Long Island City shop is buzzing with activity—10 middle school-aged youth from Sunnyside Community Services are beginning their Earn-A-Bike and TD Five Boro Bike Tour Youth Ambassador journeys. They've been selected from a larger group of students who participated in Bike New York's Summer and After School programs, and their challenge is to build the bike they'll ride in this year's Tour.

First up: learning how to fix a flat. Bike mechanic and instructor Lisa Rodriguez hands out patch kits and everyone is taught how to repair an inner tube. In the second hour, each young person chooses a bike that they'll be completely overhauling. "Don't choose a bike just because of its color," cautions Karen Overton, Recycle-A-Bicycle Director. She and Lisa steer students to bikes that fit.

In the following classes, students break into teams of two. Youth Ambassador Nevecha Morrison teams-up with Officer Jason Carmen, a New York City Housing Authority (NYCHA) Neighborhood Affairs officer who lends guidance and support to the group, including

driving them to the shop in a NYPD van each Saturday. He feels it's important to be a role model, and that means spending quality time with youth in the neighborhood.

A few weeks later, after other key build stages like bottom bracket overhauls, brake and gear cable assemblies, and a safety check, the moment the students have been waiting for arrives: a test ride.

Donning their new Bike New York-branded helmets, the Youth Ambassadors set off on a three-mile group ride to their home base at Sunnyside Community Services, where they arrive 45 minutes later. Success!

The Youth Ambassadors will continue to spend their Saturday mornings until the Tour on training rides with Bike New York instructor David Hong to build their endurance and handling skills. Bike New York is proud of the Youth Ambassadors, and we can't wait to see their hard work pay off when they ride 40 miles of NYC streets on bikes they built by themselves, together. However, the journey doesn't end there: They're excited to bring their bikes home, and just in time for summer. They earned it!



2018 Youth Ambassadors

Aaron Adlam-Ferguson
Jordan Dove
Alaysia Golden
Rinchen Lhadin
Clarissa Morris
Destina Morrison
Nevecha Morrison
Joshua Preudhomme
Kaila Preudhomme
Kal-el Ramos

VOLUNTEER WITH US!

Joining the Bike New York team as a volunteer is an experience like no other. You'll meet like-minded people and help to make others' lives more fulfilling simply by getting them on bikes, whether it's at one of our events or at one of the hundreds of classes we offer all year long.

LEARN MORE AT WWW.BIKE.NYC/VOLUNTEER



Put your bike on a space diet.



Bikes are efficient, economical transportation... and large. Yet folding bikes are conveniently sized, but hardly comfortable for a long, hilly commute.

Now there's a third option. CHANGE bikes are lightweight, full-sized hybrid and mountain bikes with 24-30 gears that are fun to ride, yet fold out of the way in seconds at either end of your ride.

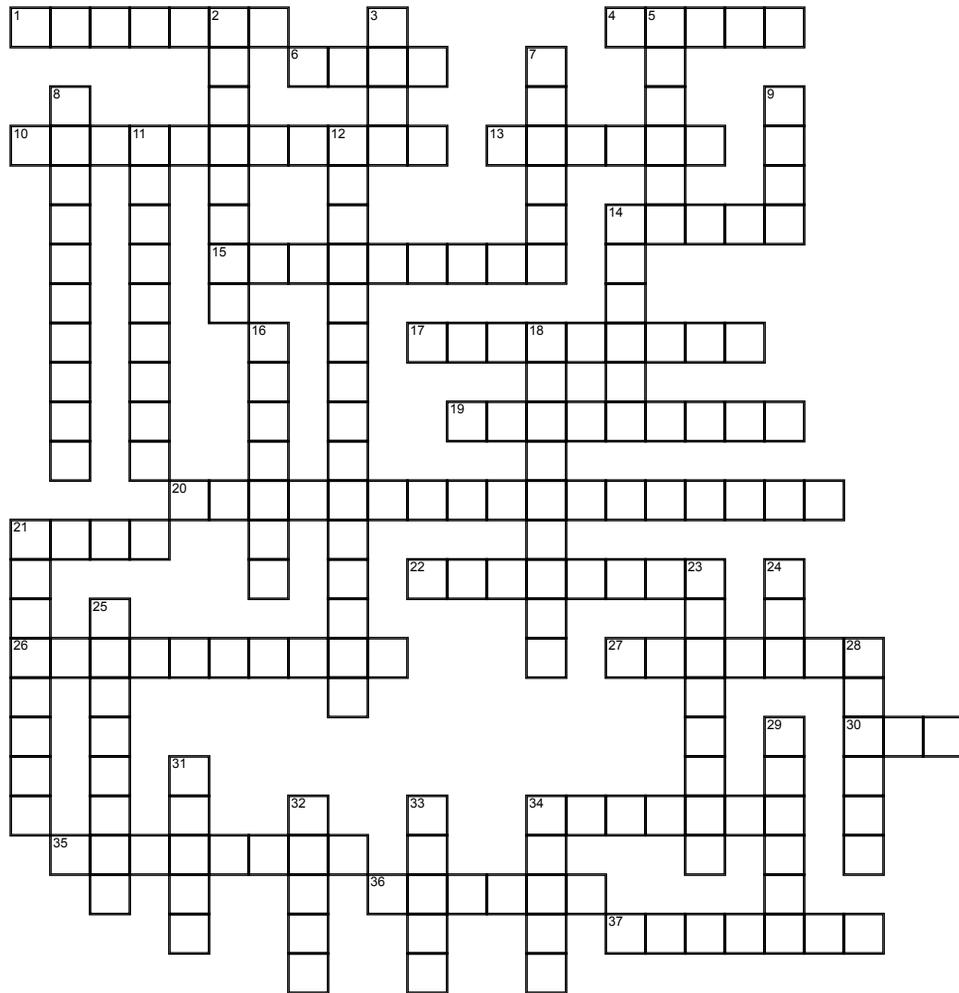


See and ride them at BENY 2018, or order with free shipping from www.flatbike.com.

FLATBIKE
Biking Made Easier.

CYCLO-CROSSWORD

Test Your Tour-Readiness! For answers, go to bike.nyc/blog



Across

1. Organic waste that goes in a separate bin
4. "_____ is real!"
6. Most common repair
10. Lightweight frame material
13. Noggin shield
14. Rods that make wheels true
15. Bring an extra one of these in case of 6 across
17. Riding against traffic
19. If a brake lever hits this, make an adjustment
20. Last leg for many Tour riders
21. Hardest part of cycling?
22. Adjust this to avoid pain in the knees
26. Found in 35 across
27. Grease 22 across occasionally to prevent this
30. Clean chain applicator
34. Pedaling rate
35. Flat fix toolbox
36. Tour's official hashtag
37. Riding volunteer

Down

2. Cyclist one-piece
3. Holds your water bottle
5. Bike check
7. Lubrication
8. Tour's first bridge (abbrev.)
9. Replace this if tread is worn
11. Quick release levers should face this direction when closed
12. Packet pickup location
14. Turn tell
16. Drink fluids
18. Bridge north of Brooklyn Bridge
21. Route-side food, water & bike repair spot
23. Makes riding a breeze
24. Air pressure measurement
25. Grips to stop
28. Blister preventers
29. Same as Presta
31. Wicking material for cycling clothes
32. Type of flat caused by low tire pressure
33. Push to propel
34. Replace if frayed

2018 CHARITY PARTNERS

The cyclists riding on behalf of these inspirational charities prove that the bicycle is a powerful tool to affect change.

Welcome, charity riders!

ALS Association Greater New York Chapter

Alzheimer's Association New York City Chapter

American Cancer Society

American Foundation for Suicide Prevention

American Jewish World Service

ASPCA

B*CURED

Back on My Feet NYC

The Blue Card

Blythedale Children's Hospital

Boomer Esiason Foundation - Team Boomer

Boy Scouts of America Greater NY Councils

The Broadway Green Alliance

BronxWorks

CancerCare

CARE USA

CaringKind

Children's Tumor Foundation

Citymeals on Wheels

Coalition for Healthy School Food

Cornelia de Lange Syndrome Foundation

The Cystic Fibrosis Foundation

debra of America

ECPAT-USA

ELIJA (Empowering Long Island through Its Journey with Autism)

Gabrielle's Angel Foundation for Cancer Research

Gilda's Club NYC

Global Mental Health Program (GMHP)

Good Shepherd Services

Habitat for Humanity NYC

HeartShare Human Services of New York

Her Justice

Hereditary Neuropathy Foundation

Innocence Project

InTandem Cycling, Inc.

James Lenox House Association, Inc.

Keep a Child Alive

Life is Priceless Foundation

Lighthouse Guild International

Literacy Partners

LIVESTRONG

Lymphoma Research Foundation

The Marty Lyons Foundation Inc.

National Blood Clot Alliance

National Kidney Foundation

New York Cares

New York Restoration Project

OHEL Children's Home & Family Services

Parent Project Muscular Dystrophy

Planned Parenthood of New York City

Ronald McDonald House New York

Samuel Waxman Cancer Research Foundation

St. Baldrick's Foundation

Union Settlement

United Way of New York City

Worldwide Orphans Foundation

YMCA of Greater New York

Bike New York is 501(c)(3) nonprofit whose mission is to transform lives and communities through bicycling. In 2017, we taught bike skills to more than 25,000 kids and adults. Funding for these programs comes from numerous annual events, including the TD Five Boro Bike Tour Presented by REI, Bike Expo New York, and regional events.

Visit www.bike.nyc for more information.

Bike New York thanks the following agencies, officials, organizations, bike shops, and sponsors for their support of the **TD Five Boro Bike Tour Presented by REI.**

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United States Coast Guard

U.S. Army Reserve, 77th Regional Command

U.S. Park Police

Participating Bike Shops

Chelsea Bicycles

Danny's Cycles

NYC Bicycle Shop (Staten Island)

NYC Mechanical Gardens Bike Coop

NYC Velo

NYCBicycles (Corona)

Propel Bicycles

Ride Brooklyn

Sid's Bike Shop

Spokesman

Tony's Bicycles

Tread Bike Shop

Transportation Agencies

NYC Department of Transportation

Metropolitan Transportation Authority

MTA New York City Transit

MTA Bridges and Tunnels

Metro-North Railroad

NY State Department of Transportation

Long Island Railroad

PATH

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